

The Review

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Not Your Average Night at The Trots



When Harvey Brunt employed me as the Office Administrator last year, I noted that the job description had the final clause that stated ‘...and other administrative duties that may arise’.

I think it was this clause he was using when he asked me to be one of two drivers of sulkies that were to represent the Society at the ‘Without Limits Trots Charity Night’ at Alexandra Park on 28th February, he was going to be one and suggested I be the other. I have hemiplegia so I had my reservations – (mostly about whether I could swing my bad leg high enough to get on!) but hey, how many disabled people can say that they have driven a sulky at a race meeting in front of a cheering crowd? I jumped at the chance to participate.

The night arrived and the weather was deteriorating rapidly ... heavy rain and strong wind. Was I really racing in this?! Text Harvey...‘Its cancelled right’...‘*Sorry, get yourself here, you are on at 7’*. Gulp, oh well, the show must go on. I made it to the changing room, where Harvey, having just come 4th in his race of 4, was getting ready to go back upstairs to the warmth of the Tasman Room. He looked bedraggled from the

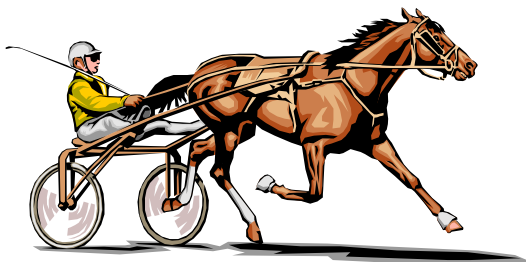
rain and was covered in grit but helped me into my gear. He offered me the sound advice to keep my mouth shut down the home straight. Basically I was just a passenger, with a skilled driver doing all the actual racing. My other competitors were female so I appealed to my driver’s male pride and held on for dear life.

We managed a second placing, two better than Harvey. Boy, what a thrilling ride!

I can cross trotting Co-Driver off my list of things to try.

The things I do for the Society!

Dominic Hagar-Office Administrator and part time sulky driver



NEWS FROM HQ

Coming out of the recent survey that we distributed to members was the feedback that although members were aware of the programmes we ran, they were not so knowledgeable on other activities that we were up to.

With this in mind, we have started up this regular feature for the REVIEW, 'News From HQ.'



In 2009/2010 we spent approximately \$450,000 on our events, programmes and grants nationally. Where does this money come from? We have investments that return approximately \$350,000. Our properties that we lease to Iris Limited return \$420,000 (Iris Limited is our service provider, mainly in the Auckland region that we own) and we receive a dividend from Iris Ltd that is dependent on the profit they make over the year. Salaries for our staff are \$255,000, and other costs total around \$200,000.

So apart from administering the programmes, planning and running events, what are we doing at HQ? Ok then, we have a number of Key Performance Indicators (KPI's) that have been agreed to by the Board and we work to achieve those, for example:

1. Have 870 financial members with cerebral palsy by end of June 2011. We currently stand at 778. We have 56 who were members last year but have not re-signed up. Janet Chapman will be contacting them to see if they will, or if not the reasons why they decided not to renew membership. This will be great information to help us in the future. Up until October 2010 we were averaging 20-30 new members per month. Since November

this has suddenly dropped to 10-13 per month. We feel with Janet's trips and presentations around the country that we have reached people with CP who were easy to reach, our job becomes harder now. In Jan and Feb we have run an advertising campaign on the radio in the Waikato. This will culminate in an evening presentation in Hamilton on the 18th Feb. It will be interesting to see the effectiveness of this. The best recommendation is still word of mouth, if your friends with CP have not joined, have a word with them, the Society has a lot to offer. At the moment 870 is looking like a tough goal to meet.

2. Increase the Society's profile with decision makers in Government. We have commissioned a PR Company in Wellington to assist with establishing a presence with decision makers in Government and the Ministries. It is not their job to establish these relationships but to advise us of methodology and the correct people to approach on any particular issue we may wish to address. The 60th Celebrations has been an opportune time to send all these people invitations to come. Not many have said that they are



coming, but they now know that we exist and have been around for 60 years! Moving people with CP to an equivalence with those who are blind is a goal we are slowly working on. We have presented a submission to the enquiry into special education and have had an interview with the PM re the discretionary funding that helps maintain Conductors in the Conductive Education programmes around the country, and is now under threat. We are always wanting feedback from our members on any national issue that need addressing or improving.... let us know.

Of course we spend much of our time assisting our members, either via the phone, email or visiting. In the last REVIEW we advertised that we were starting a register for those members with CP who would like a regular visit (like once every 3-6 months) from one of our staff (initially trialing this in the Auckland area). It was an idea suggested at our last AGM. I was surprised that we have not had one response.... I guess we will just keep plugging it and see what happens.

Anyway, enough for now, next REVIEW I will cover other aspects of what is happening at HQ!

Harvey Brunt –GM

ABSOLUTION is 100 Euros

Sometimes life has a strange way of working things out.

I received an email from a woman in Ireland who was requesting the best way to send us a donation.... Of course your curiosity has to get aroused. Why would someone in Ireland want to send a donation to the CP Society in NZ?... was this some sort of variation on the Nigerian letter scam, if I revealed any account details would a sudden withdrawal occur in the dead of night?....the following emails tell the story:

Me"A personal cheque is fine, it will take a while to process, but that's life. May I ask why you are looking to give us a donation in little old NZ, I am grateful..... but intrigued?"

Them..... 'Hi Harvey, Its too wacky but I will tell you in strict confidence! I am a New Zealander but I live in Ireland as my hubby is Irish. About 20 years ago, collecting for charities was considered community service at High School. I hated sports because I wore glasses and was short and hated ball sports, so off I went to do community service. One day I felt greedy and STOLE 12 or 17 dollars from the CP society collection. EVEN worse was that a lovely lovely gent who clearly had CP had stacked up all his spare change to donate that day- about 20 dollars. In my little mind back then, I was thinking 'oh I'll give it back to them one day'. Anyway a memory of all this thieving surfaced when I was meditating yesterday so I decided it was pay back time!! My husband was shocked to hear I ever did such a thing!! Anyway I love the mobility dogs scheme..... I'll pop the cheque in the post... With kind regards (name withheld)'

Me.... "I loved your story. However you were probably collecting for CCS in those days, we are still happy to receive your donation, but I do not want to be tormented in the coming years by having snaffled a donation away from CCS."

Them...."Doesn't matter. The money is on its way and I can clear my conscience!!"

A cheque for 100 Euros was duly received..... and we all lived happily ever after.

Harvey Brunt



Council Engages with Disability groups

Establishing a disability reference group has been included in Mayor Brown's well publicised 100 projects in 100 days, alongside projects like removing graffiti from the historic Yates building, beginning regular Mayor in the Chair meetings at town centres and rotating council meetings around the region.



"The most liveable city in the world" is Mayor Brown's goal for the newly formed Super City. Inclusive and fair are the buzz words that have been doing the rounds.

"The best way to engage with council?"

Auckland Council has stated that "Disabled people are recognised as part of Auckland's diverse population, with a valuable contribution to make, but facing significant barriers to their equal participation in the economic, civic and cultural life of the city."

central. It was also strongly recommended that these 14 representatives needed to be good communicators with experience on how council works. There were some concerns about tokenism and to combat that fear it was suggested that these representative should be paid.

A meeting was held at Western Springs Community Hall on 1st Feb 2011. The purpose of the meeting was to develop a proposal, for the most effective model, for the Auckland Council to engage strategically with the disability community, to achieve better outcomes for disabled Aucklanders.

Everyone agreed that each individual needs to bring a specific skill to the table, which will help the disability community achieve its goal of complete inclusiveness.

One of the key questions was what kind of selection process would work best to ensure the most effective people were leading the way. Would the best process be elections, nominations or a mere shoulder tap? At this early stage it seemed the most popular process would be nominations from the seven, already established, disability advisory groups such as Rodney, Manukau and Auckland

If the city is accessible to people with disabilities it's accessible to everyone was a very pensive comment made and so was the thought that accessibility also included the breaking down of attitudinal barriers.

The feedback from this meeting now sits on Len Brown's desk. It will be interesting to see where it goes from there.

Ross Flood



Erin explores India's diversity

Take 300 young people aged 18 to 25 from 98 countries, committed to creating social change in their respective communities, bring them together in Delhi, India for eight days, and what do you get? An amazing mix of colours, cultures, incredible diversity, and the Oxfam International Youth Partnerships Kaleidoscope Conference 2010.



"Opening ceremony with two kiwi friends"

From November 21-29, I was one of the very fortunate 300 young people to take part in this amazing, once-in-a-lifetime event in a place I have always wanted to travel to – incredible India. First, let me explain what the programme is all about. Back in February 2010, I applied to be part of the [Oxfam International Youth Partnerships \(OIYP\)](#) 2010-13 cycle - a programme run by Oxfam Australia concerned with social change and human rights of various kinds. The goal is to bring 300 young people from all over the world together to create a force for positive change over the next three years. I decided to do the trip completely independently with no support person or personal assistant. I rolled solo.

Everyone was so accepting of one another and I made so many friends from across the world I've always wanted to travel the world, and at Kaleidoscope, the world travelled to me. Of course, deciding to do this trip independently had its challenges, and many people thought I was completely insane travelling to a place like India without a support person. Getting there

and back was probably the biggest mission. I travelled via Dubai, an airport which apparently doesn't have enough wheelchairs for its disabled passengers, meaning that I was kicked out of the wheelchair I used there and made to sit in a room called the "special handling area" until they could escort me to the boarding gate. I did protest about this, but my complaints fell on deaf ears. By the time we got to the gate, the flight was on "final call" and we were very close to missing it. Going through Indian immigration was also an interesting, stressful experience as they kept telling me they had to take my wheelchair away, but no one was telling me why. Eventually it turned out that it needed to be x-rayed for security purposes, and I did get it back after about half an hour of waiting.

I saw many things, in Delhi, I had never seen before, sometimes shocking things: people living on the side of the highway, stray dogs roaming



the streets, malnourished cows and other animals eating the piles of garbage on the side of the road, children begging and a great amount of poverty, but I also saw and felt things that inspired me. I saw acceptance, hope, love, friendship, and an incredibly strong sense of unity among us all no matter who we were or where we came from. I had the pleasure of visiting a disability organisation in Delhi called AADI, much like CCS Disability Action, and afterwards visiting a village which they worked in. It was great to see some of the "real India" and I think one of the highlights of the trip was clapping and chanting with the school kids there – a few of which had disabilities. It was a great experience and one I will never forget.

Yes, it is fair to say that I miss India, all of it - the sights and smells, the food, the traffic jams and the honking of horns, the smoggy air, and most of all, the people which I had the honour to meet and get to know. I didn't get to sight-see much at all, but I really don't think it

mattered, because in the end, I returned home with many new friends, many memories, a strong sense of gratitude, and a new-found confidence and belief within myself, which I believe can never be taken away from me or broken.

I am proud. I am proud that I accomplished my goal of going to India by myself, proud that I was able to prove to myself and others that I could do it, proud that I could make some sort of difference while there, proud that I came back a changed, better person, and proud that I will continue to change myself and my community. So, to anyone out there wanting to travel to a place like India, just go for it. It really is an incredible place and one which I hope and intend to return to in the future.

The only question I'm asking myself now is "Where to next?" and the answer? "Anywhere I want to go."

Erin Gough

A new innovation for the Trike programme

Flight for Trikes

During my many trips away, I became aware that some families who were keen to sign up for the trike programme, were unable to afford the trip to Auckland for the final assessment. After some discussion with management, we now have a solution that will assist families wanting trikes for their children. **FLIGHT FOR TRIKES**

Children, who meet the criteria, can use the Society's getThis&That Programme to fund the trip to Auckland. Members may apply for getThis&That vouchers once a year, each membership year (1st July --- 30th June) The \$200 will help towards airfares, and the assessments will be conducted at the Auckland airport on arrival.

To Apply: If the child is eligible, the getThis&That application form would need to be completed ensuring the words Flight for Trikes are shown on the form and envelope. The Society will hold the vouchers, until such time we receive a copy of the receipt and boarding pass confirming flight details. Reimbursement into the member's account will be direct credit, so we will require your bank account details. If there are remaining monies owing to the member, the vouchers will be posted to them.



Please keep in mind the vouchers are only valid for 3 months.

Check List

- ◆ getThis&That application form
- ◆ Include the words FLIGHT FOR TRIKES and your BANK ACCOUNT DETAILS
- ◆ Attach copy of receipt and boarding pass
- ◆ Address return envelope FLIGHT FOR TRIKES
PO Box 24759
Royal Oak
Auckland 1345

For more information contact Michael Northcott 0800 503 603 - Mobile: 021 020 56677

So! Take a Flight

Janet Chapman
Members Manager

60th Anniversary Celebrations–12th March 2011

Preparations are almost finalised for this memorable event in the Society's history. You may wonder why the 50th Anniversary was not celebrated. Well, at that time the history of the Society was not well known and it has only been the work of Ross Flood in researching the history that we have learnt more. It is a fascinating history, with gaps where things went quiet (70s) and then times when it took off (90s) again.

At the 60th there will be a presentation on our history. We hope to video this and have it available on our website for members who are not able to attend.

The close off date for tickets was the 14th February. We have members attending from all over the country with a good contingent from Christchurch and Wellington. For those needing accommodation, Janet has checked out 3 hotel/motels within a 2km radius that are suitable, contact her for more info.

For those who have booked tickets, these will be sent out by the 1st March. It will be a great night.

Harvey Brunt



First steps to conquering the road

At nearly 25 I am in the process of applying for my driver's licence.

Much like the daily exercise I *should* be doing and the classical novels I *should* be reading, applying for my licence has been niggling at the back of my mind for years.

I knew it wasn't going to be as simple as showing up to the local AA. However I am getting along fine (if expensively) with specialised mobility transport and generous family and friends.

I should point out here that the process can vary in some areas, what is considered mandatory for one applicant may not be required for another. My best advice is check the procedures with either your GP or the transport authority.

My first step was to my GP to get medically cleared to drive. It was fairly standard stuff: general health, pain levels, co-existing conditions and eyesight were all tested and discussed. Whilst the reflex tests definitely confirmed the notion I should never hold out to perform surgery I was medically signed off to proceed to the next stage.

In my case the adapted driving OT service. Broadly they test 4 dimensions your cognitive reasoning, your ability to



"Soon to be self driven"

make speed decisions, and two levels of physical reactions. The process was series of computer simulations.

I have been cleared to apply for my learner's licence with the provision I get tested again before sitting for my restricted.

I shall keep you informed of my progress.

Amy Hogan



Parents as care givers contested

A group of families have already smelt victory in their human rights case to be paid as carers of their disabled adult children. However there are many drawn out battles still to be won and the end is nowhere to be seen.

After years of putting up with substandard care giving these seven families challenged the State's refusal to pay family members. They also wanted to give their adult children the choice of being able to have their parents as paid carers.

The case focused on a section of the Human Rights Act which allows citizens to challenge the Government on policies which may breach Human Rights. They won their case but the victory was short lived

The Crown immediately contested that decision. The case for appeal justification will be heard in the High Court in early March. The test to

determine whether leave is given to appeal to the Court of Appeal is whether the matter raises a question of law of general public importance or significance.

"As this is the first case to be heard by the High Court under Part 1A Human Rights Act 1993 it is expected that leave will be granted on some issues at least," said barrister Francis Joychild, who is representing the families.

It is not expected that there will be a hearing before the Court of Appeal before the second half of this year at the earliest.



Welfare and Information Officer

We are in the process of appointing a Welfare Officer and defining the functions they will perform. One of the functions will be visiting members with cerebral palsy who require visits to their home to discuss their lives and issues they are facing, especially those who are elderly or with a limited support network.

We are starting a register for members who require visits from this new service (initially in Auckland).

If you wish to be on this register please contact Harvey Brunt on 0800 503603 or email harvey@cpsociety.org.nz.

The above notice was published in the November 2010 Review and we have received no responses to date, a bit bewildering, I must admit.



Rolling into the New Year

To pick-up where we left off, the end of 2010 gave us a glimpse of what exciting things to expect for Boccia this year. In mid-November, 4 Auckland schools (Mt. Roskill Grammar, Waitakere College, Takapuna Grammar and Papatoetoe High) all joined together for a highly enjoyable and contested day of Boccia. We had over 50 students taking part in a friendly, yet competitive, round robin style of games across 4 courts. In the end Papatoetoe High came out on top of the standings, with all schools showing many signs of talent, skill, promise and enthusiasm for the game. They are now all anticipating the follow-up exchange in the first half of this year...and of course it will once again be a battle of the youngsters. Our Beginners Boccia day in December also proved eventful with some fresh new faces joining in and giving Boccia a go.



"Gayle Russell tunes up for 2011"

for the opportunity to lease Boccia ramps at a very cheap cost.

- ◆ If any players, coaches, referees, assistants, helpers or anyone wants some coaching, training, playing advice, tips or secrets, please let me know!
- ◆ The Boccia New Zealand website is currently being updated and is also on Facebook (Boccia New Zealand). Take a look at some old photos, memories and have yourself a good chuckle.
- ◆ I am also collecting any Boccia information – history, photos, videos, resources and ideas so feel free to share with the Boccia community already out there or email me.

To kick-off 2011, we had our annual Cerebral Palsy Society Holiday Boccia Tournament. This event is always a great way of starting the year off with the handicap system giving everyone a fair go and great rivalries rekindled, even between family members.

In other news:

- ◆ There is a Boccia survey on our home website for you to voice your thoughts. This is designed for anyone - whether you are a player, coach, teacher, assistant, referee or spectator - as it will give me some ideas as to what you all would like assistance with this year in your respective areas around the country to improve Boccia opportunities.
- ◆ For those players who require the use of a ramp, keep an eye on the website

Until the next end...keep rolling everyone!

Luke Morriss
Director of Boccia
Cerebral Palsy Society of New Zealand
0800 503 603 or 021 02059911
luke@cpsociety.org.nz



DISABILITY SUPPORT SERVICES CONSUMER FORUMS 2011

We would like to hear your views.

The Ministry of Health is committed to the NZ Disability Strategy. Disability Support Services is travelling to towns around NZ to talk about what we are doing over the next few years. We would like to talk to you about what we plan to do and when and how we hope our work will improve supports for consumers.

Most of the work is in the early stages and we are keen to hear your views and questions.

Where will the forums be held?

Four forums, one hui and one fono are being held in both the North and South Islands. We will be going into regional areas as well as some main cities.

It is important that you register if you would like to come along, so we have set up a special 0800 phone and text number for you, along with a dedicated email address. Please use the phone and email to raise any questions – e.g. if you need help with transport or with equipment or interpreters on the day.

Email: MOHFORUM@nzfdic.org.nz

Free phone: 0800 MOH FORUM (0800664367)

Text: 021 08203922

Go to: www.moh.govt.nz/disability

What will we talk about?

We want to talk about what we are working on. This will include letting you know about

- The new model for supporting people with disability
- Individualised funding for consumers
- Supported living options
- Ideas for new respite support models
- Carer support
- Community living options
- Child and youth projects

We will have a panel with people from the Ministry of Health, your local Needs Assessment and Service Co-ordinator, and your local Disability Information Centre. After we have highlighted the work plan, we will then ask for questions from the floor so that we can hear your views and ideas.

We hope it will provide you with information and give you an opportunity to share ideas and give us feedback. We look forward to meeting you.

Please click into the Disability Sector Happenings section on our website (www.cpsociety.org.nz) to view the table that shows when the forums are coming to your area.

CP Presentations are increasingly popular

"Why haven't we heard of you before?"

Members Manager Janet Chapman is frequently greeted with that question, following her increasingly popular presentations designed to promote awareness, and encourage membership, so people with CP can apply for eligibility to participate in the Society's unique programmes.

Janet has been with the Society since July 9th 2008 and has done a tremendous job of lifting the Society's profile throughout NZ

Janet's role is very diverse, it covers the marketing side which involves, sending out introductory packs, numerous phone calls to develop national key relationships, researching new resources with presentations and meetings in mind. Whenever she gets the chance while on the road, she applies the principles of "cold calling" and drops in to relevant agencies to introduce herself.

Janet also sets up national suppliers for the Society's programmes, and organises and co-ordinates the national and regional events. Most of us have been the beneficiaries of her high quality events whether it's a night at the races, a cabaret or dinners in Auckland and Christchurch or lunches/brunches in the smaller regions.

During her working hours Janet has experienced many frustrating times at airports. She has been grounded by fog, deep in the South island, experienced a six hour wait caused by aircraft



mechanical problems, given the keys to rental cars that turned out to be dung heaps that barely reached her destination, and repack her heavy suitcase at the airport kiosk. "I often have to choose between brochures or my makeup" with the 23k luggage limit," said Janet with a grin.

It goes without saying the brochures win every time as she is passionate about her role.

However the frustration quickly fades into memory and job satisfaction takes over.

"Every day I learn something new, and everywhere I go people make me



feel welcome. The warmth of the welcome makes the lengthy travel away from home all worthwhile," said Janet.

Janet's annual regional visits, presentations and word of mouth about what the Society offers members, has spread. A diverse range of services and people attend Janet's presentations, all eager to listen to what the Society has to offer. The grape vine is definitely working, as Janet's invitations to attend her presentations are snapped up, and often the all so wonderful "word of mouth" generates further exposure. The size of the audience can reach 50 attendees and the follow up visits and phone calls there are always people with burning questions.

Janet finds her role very rewarding as she sees the positive effects the Society's programmes have on CP members and often their families.

"The Society's programmes can certainly make a difference" says Janet. For example the getOutThere program has

given many members a social life, and leads towards a bit more independence for some. A few members save their vouchers for one special trip, so they can travel to see a concert, transport to camp, or visit distant family.

Members say the getThis&That programme, has given them the opportunity to purchase items that they would never have been able to afford. "I can help in the kitchen now" "I feel a lot safer in my home" "makes my days easier with those small necessary items" are just a few, of the long list of comments that I hear on my travels.

It is also great to witness the increased independence and confidence of members at the Society's events. To see people lose their inhibitions on the dance floor, enjoying the food, and in general catching up with other members and their families.

However it could be argued you ain't seen nothin' yet as 2011 is shaping up to be a good year

Congrats Anthea Hurst and Michael Henry.

Wedding day 28th March 2011

"The venue for Anthea's and Mike's wedding is a fair distance away from where Mike first popped the question and asked Anthea to be his bride. Apparently Mike somewhat nervously said those three magical words on Devonport's Mt Victoria, on a starry night, a couple of years back. Their marriage will take place on the beach front in Rarotonga and they even plan to write their own vows.

How romantic is that!!!!"



Sampling the City of Sails

On the 4th of December 2010 I attended the Disability Sailing Trust Fundraiser aboard the Soren Larson. We spent an afternoon sailing around Auckland Harbour, sharing nearly perfect conditions with many kayakers and cruise ships. A day of sun, sea and sausages.

The Disability Sailing Trust is a charity whose immediate objective is to raise funds to build a purpose built 16 metre catamaran. The boat will have the facilities to be sailed by a disabled crew and to make activities such as snorkelling, swimming, kayaking accessible to individuals with disabilities and their families. Catering to all types and levels of disability this type of dedicated sailing for groups is not currently available in New Zealand.

At first I had my doubts. Multiple wheelchairs are a logistical challenge in most places, let alone a fully restored vessel with all its requisite equipment and crew. Indeed, being winched down the near vertical ramp at low tide was an interesting exercise in wheelchair mechanics, trust, faith and adrenaline. However, the process was very well supervised and executed. There was minimal delay or disaster and soon all in attendance were safely on board.

Highlights include:

Updating my Facebook status from beneath the Auckland Harbour Bridge and watching that day's group of bridge walkers from a truly unique vantage point.



Seeing the ship in full sail and learning the fundamentals of navigation whilst actually steering the ship (under supervision and without incident I should add).

Hearing how excited many of the passengers were. For many it was their first time in a boat, let alone a crewed sailing ship with riggings and full sails.

The day was a great success in terms of funds and publicity for the trust. Judging from the reactions I saw, when it is eventually constructed, the ship would have no shortage people lining up for her maiden voyage.

If you wish to learn more about the Disabled Sailing Trust NZ or see photos of the day feel free to contact me or visit the Trust's website

www.disabledsailingtrust.org.nz

Amy Hogan



Justin's on the ball

As the Sport Opportunity Advisor at Sport Canterbury and in association with the Halberg Trust, I have observed a change in the ability of disabled New Zealanders to participate in sport and physical activity in an inclusive setting. I believe that we are breaking down barriers to ensure disabled New Zealanders are active.

During my ten years as a Sport Opportunity Advisor, I have had the opportunity to present at three international conferences. In 2010, through assistance from the Cerebral Palsy Society, I was given the opportunity to present at the National Adapted Physical Education Conference in conjunction with the North American Adapted Physical Activity Conference in Los Angeles.

I presented on the adaptations that have been made to the National Certificate of Education Achievement (NCEA) Physical Education to enable disabled students to participate and achieve the required standards. The criteria that students are assessed on have been adapted to cater for the students impairments. If you are studying NCEA this year and want to study physical education, you now have the opportunity. Talk with your teachers or contact your local Sport Opportunity Advisor for more information.

In New Zealand there is often the view that our policies and procedures need improving, but in many situations we are leading the world in our thinking. I believe that the inclusion of disabled people in sport and physical activity is one of the areas where we are successful. I also found that due to the



"Justin delivers at conference"

significant population in America, they tend to have segregated and specialized programmes. In New Zealand we are more proactive in ensuring that disabled people can participate in an inclusive setting. An example of this comparison is that in America they have adapted physical education specialists compared to New Zealand where we promote the adaption of general physical education to include disabled students.

Sport, physical activity and physical education is an important aspect in the lives of all New Zealanders, especially disabled New Zealanders. If you would like ideas on how to increase your activity levels, contact your local Regional Sports Trust. It is all about finding the right option for each person.

Thank you to the Cerebral Palsy Society for the support to attend the conference last year.

Justin Muschamp
Sport Opportunity Advisor
Sport Canterbury



Life's a Rollercoaster

It was great meeting up with Ross Flood last month. We went to Cafe Liaison, a regular hangout for me in Ponsonby. As we went up to the Cafe from my place, Ross confirmed for me that the new pavements are very unfriendly to wheelchairs. The older pavements were far more accessible. They had a few cracks in them, but they were nice and flat, and the curb cuts were flat to the road – so one could cross the road with ease.

CCS Disability Action have described this new design as Rollercoaster Pavements, designed for cars, not for pedestrians, and definitely not for people with cerebral palsy. Last year I found out from Auckland City Council that the pavements were designed for the rainfall in the area, to ensure proper drainage.

I sent an email to Nikki Kaye, and within a few weeks I was informed that curb cuts at the corner of Bayard and Cowan St's would be improved. They have been improved. But I'd love flat, accessible paving to be reinstated. The very fact that Ross could once cross the roads with ease in his electric wheelchair in the past emphasises my point.

The rollercoaster design ensures that the pavement has a tilt and a swerve to them, particularly on the curb cuts. The non-disabled must have automatic gyroscopes built in that can navigate the different angles with ease. The pavement design certainly makes it more difficult for me to walk.

CCS Disability Action informs me that the Rollercoaster Design has



stopped. However the question I would like to ask is how do I get back a more accessible design in my local streets.

(ED --- Does anyone else have similar problems)

Allyson Hamblett



“Children’s Day” Auckland ZOO getTogether no matter what the weather

Little Day Out (Sorry! no big boys/girls toys @ this event)

- ◆ Lolly Scramble !!
- ◆ Free entry-Please note (Arm bands issued on arrival between 9.30am - 10.30am)
- ◆ Picnic Lunch: Spit Roast Company - Hot Meat & Rolls with Salads - Desert - Juice
- ◆ Map of the ZOO
- ◆ Burma the elephant: Burma may go for her walk if she is feeling ok 2.30- 3.30pm
- ◆ Trikes (Special permission has been negotiated for access of CP Trikes only, for viewing of the zoo accompanied by an adult) **Trikes are not permitted to be ridden other than viewing the zoo**



Rain or shine! we are going ahead, so be prepared if it looks like rain as we are not under cover. Don't forget your picnic blanket/ground sheet. The ZOO opens at 9.30am, (please note pickup time for arm bands) A leisurely stroll around the zoo, then back in time for a yummy lunch. Please see details below

Date: Sunday 6th March 2011

Time: 9.30am - 3.30pm

Arm Bands 9.30am-10.30am I will be at the main entrance of the zoo to issue these

Venue & Lunch: 12.30pm - Rotunda Lawn Quadrent marked CPS *on your map

Address: Auckland ZOO, Motions Rd, Western Springs

RSVP: Monday 28th February 2011 (For catering requirements)

No tickets are required, just complete the form below and post with your payment. If you prefer to pay by internet, please still post back your form.

Janet Chapman Members Manager



Children's Day Zoo

Name of Member: _____

Ph: _____ Mobile: _____

- Adult 12yrs & over - @ \$10 \$_____
- Children 4-11yrs - @ \$5 \$_____
- Children 0-3yrs - Free
- Total \$_____
- Cheque or Cash enclosed
- I have direct credited the Society's bank account 12-3011-0809757-000
- Please specify your name and word "ZOO" in your direct credit



Dates for your Diary

Watch out for these following dates

Janet Chapman will provide you with further details closer to these events

- ◆ 20th February Wellington Brunch ----
- ◆ 6th March Auckland Zoo (12 and under)
- ◆ 12th March (60th Anniversary Auckland)
- ◆ 10th April Napier Brunch
- ◆ 12th April Gisborne presentation
- ◆ 29th April Christchurch race night (Addington)



In the planning stages

In May

- ◆ Rotorua/Whakatane brunch
- ◆ Tauranga bunch
- ◆ Waikato bunch

In June/July

- ◆ Whangarei brunch June
- ◆ July 2nd Auckland "Diva" caberet (brand new show)
- ◆ July 23rd Cabaret at Twiggers

In October

- ◆ Christchurch brunch

NB A sporting event is on the drawing boards in Auckland. (possibly ten pin bowling) Also a memo to attend Show Your Ability Expo. This is New Zealand's premier disability and aged equipment expo which showcases 40 suppliers in five venues nationwide.

It is the only opportunity for clients and specialists to see the entire range of equipment available and to experience the equipment first-hand. Each supplier has an experienced team of sales representatives who are friendly and helpful in finding the piece of equipment that is right for specialised needs. Go to our website's homepage www.cpsociety.org.nz and link into Disability Sector Happenings for Details of when the Expo hits your town. Its starts in Auckland on Feb 15th and ends in Dunedin Feb 22nd

